

Can you help me breastfeed? Building Breastfeeding Self-efficacy – from theory to practice. Presenter: Rebecca Glover RM IBCLC

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- ☺ *Some of the “Light bulb” research that enlightened my understanding of the innate pre-sucking behavior or how to help mothers and babies experience comfortable, effective breastfeeding with the least amount of intervention from me. Rebecca Glover*